

LIMBO

Instructions

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Equipment

This game comes with the following hire equipment:

- ☐ 2 wooden Limbo posts
- ☐ 1 wooden Limbo bar
- ☐ 2 red & green bean bags

Safety First



Please be aware of pedestrian traffic when deciding where to place the Limbo posts and bar as these can present a hazard.

The direction of play should be such that the Limbo bar will fall off the pegs if caught by the player and not become trapped against the posts.

Please ensure the Limbo bar is not misused.

Please act responsibly for your own safety and the safety of others.

About Limbo

The word “limbo” dates from the 1950s and is thought to be a West Indian English derivative of “limber”. It is a dance which originated as an event that took place at wakes in Trinidad and Tobago. The dance reflects the cycle of life. The dancers move under a bar that is gradually lowered and emerge on the other side as a triumph of life over death.

The world record for the lowest limbo dance is held by Shemika Charles. On 16 September 2010 she danced successfully under a bar 21.5cm (8.5 inches) above the ground.

Set up Instructions

- The Limbo posts should be placed on a level surface approximately 1.5m (5ft) apart.
- The direction of play should be such that the Limbo bar will fall off the pegs if caught by the player and not become trapped against the posts.
- The bar should be placed on the highest peg setting to begin the game.

How to Play

Aim of the Game

- The aim of the game is to be the person who can successfully "limbo" the lowest under the bar.

Rules

- The game can be played by any number of players.
- All players must attempt to go under the bar with their backs facing the floor - when passing under the bar, players must bend backwards.
- Only a player's feet may touch the ground when passing under the bar.
- Any player who knocks the bar off or falls is eliminated from the game.
- After everyone has completed their turns, the bar is lowered to the next setting and the game continues for those players who have not been eliminated.
- The game ends when only one person can successfully "limbo" under the bar.

Variation

- A record can be kept throughout the event of players' lowest successful limbo.
- The peg levels are divided into three sections - High, Middle & Low (or whatever words/phrases you may wish to use) – and each section is further divided into Gold, Red, White & Green.
- A player is responsible for recording their lowest successful limbo – for example "Low Gold".

Pack up Instructions

1. Please remove excess water and surface dirt from the equipment before packing away.
2. Please use the equipment list on the first page to check that all the equipment is returned.
3. Please tell us if there is any damage to any of the equipment or if any parts have been lost.